**Exploring Romans**

**Lesson 9**

**No Condemnation**

Read Romans 8:1-17

 Memory Work: Romans 8:1.

 1. How does the content of Romans 8:1-4 relate to Romans 7:24, 25?

 2.a. If you are truly in Christ Jesus, what is true about your life?

 b. What does it mean to be condemned?

 c. How did God remove condemnation? Verses 1-4.

 3.a. How does one walk according to the flesh?

 b. How does one walk according to the Spirit? Also see Ephesians 4 and 5.

 4.a. What is “the law of Spirit of life?” Verse 2.

 b. What is “the law of sin and death?”

 c. How will you allow Romans 8:1, 2 affect your attitude toward your present circumstances?

 5.a. The written law of the Old Testament cannot enable us to obey God or free us from sin and death, but

 what has God done for us?

 b. According to Romans 7:4 and 8:4, what place does God’s Law have in or lives?

 c. If I’m no longer condemned because of being in Christ Jesus, what about those not in Christ Jesus?

 6.a. What is the mind set of those living by the flesh?

 b. What is the mind set of those living by the Spirit?

 c. How many times is “mind” mentioned in verses 5-8?

 d. So, how important is the mind with regard to your walk and victory? Can you back this up with

 a verse?

 e. What does choice have to do with focus?

 f. Who is responsible for your focus...but what if I'm a victim?

 7. How does one put to death the misdeeds of the body? See:

 II Corinthians 6:16-7:1

 Philippians 3:10-14

 Hebrews 12:14

 8. Compare and contrast the ways of life according to the Spirit and the flesh. Romans 8:1-17.

 Spirit Flesh

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 9.a. If you are in the Spirit, does it mean you lose your will? Explain.

 b. If you do not have the Spirit, can you be a Christian? Romans 8:9.

 c. What about your mortal body with regard to the Spirit? Verse 11.

 10a. What does Paul say is the key to life? Verse 13.

 b. What title does God bestow on us according to verse 14?

 c. What does the Spirit of God deliver you from? Verse 15.

d. What is the Spirit of adoption?

 e. Is this true of your life? (Both “c” and “d”)

 f. And what else from the Spirit do we receive?

 g. Who else prayed “Abba Father?” Mark 14:36.

 h. How did the Father answer that prayer?

 i. If we are children of God, what else is also true? Verse 17.

 j. What does “if indeed we suffer with Him” mean?”

 11a. What does “glory” mean?

 b. Give some other aspects of glory.

 Philippians 3:21.

 Colossians 1:27.

II Corinthians 4:17

 I Thessalonians 2:12.

 II Thessalonians 2:13, 14.

 c. Is there a relationship between suffering and glory? Explain.

 d. What if you've never suffered?